## **ELDERCARE RESOURCES**

We want to give our aging loved ones the best care that they deserve. To help with determining their needs and how to best provide for them, Behavioral Health Systems offers a vast network of specialized providers who can assist employees with eldercare-related issues such as:

- Location of community resources
- Caregiver issues
- Placement issues
- Legal issues
- Alzheimer's and dementia concerns
- Assisted living & nursing home information
- Skilled and unskilled in-home care information
- Working with Social Security and Medicare benefits



Individuals involved in providing care for an aging loved one can also benefit from EAP resources. BHS can provide information on educational materials, support groups and other resources available for caregivers.

**Your Employee Assistance Program** is a company-sponsored benefit that is free and completely confidential. For more information about eldercare resources and other benefits, contact BHS at 800-245-1150 and speak with your Care Coordinator.

